



SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
<p>Location of Activity Color Code:</p> <p>Outings Activity Room Dining Room Ice Cream Parlor</p>	<p>Residents Invited to the Dining Room at 11:30AM to fill out Menu choices for the next</p> <p>Activities Subject to Change</p>				<p>9:15 Sit and Be Fit 10:00 Daily Perk 10:35 Fresh Air/Walkabout 1:15 Bingo! 2:30 Appreciation Cards 3:30 Social Hour 6:00 Let's Color International Day of Older Persons</p>	<p>2 9:15 Sit and Be Fit 10:00 Daily Perk 10:35 Fresh Air/Walkabout 1:15 Fun with Xiomara! 2:30 Pipe Cleaner Animals! 3:30 Social Hour 6:00 Word Games International Day of Non Violence</p>
<p>3 9:15 Sit and Be Fit 10:00 Daily Perk 10:35 Fresh Air/Walkabout 1:15 Manicure/Hand Massage 2:00 Fun w/Xiomara! 2:30 Psalms &amp; Songs W/Pastor Hines! 3:30 Social hour 6:00 Let's Color National Girls Day</p>	<p>4 9:15 Sit and Be Fit 10:00 Daily Perk 10:35 Fresh Air/Walkabout 1:15 Bingo! 2:30 Fun with Lisie/Animal Crafts 3:30 Social Hour 6:00 Puzzle Time! World Animal Day</p>	<p>5 9:15 Sit and Be Fit 10:00 Daily Perk 10:35 Fresh Air/Walkabout 1:15 Pumpkin Wreath Crafts! 2:30 Fun w/Lisie! 3:30 Social Hour 6:00 Music and Memories National Do Something Nice Day</p>	<p>6 9:15 Sit and Be Fit 10:00 Daily Perk 10:35 Fresh Air/Walkabout 1:15 Bingo! 2:15 Poetry Time! 3:30 Social Hour 6:00 Brain Fitness! Random Acts of Poetry Day</p>	<p>7 9:15 Sit and Be Fit 10:00 Daily Perk 10:35 Fresh Air/Walkabout 1:15 Pumkin Carving! 2:30 Pumpkin Decorating! 3:30 Social Hour 6:00 Card Games! National Inner Beauty Day</p>	<p>8 9:15 Sit and Be Fit 10:00 Daily Perk 10:35 Fresh Air/Walkabout 1:15 Bingo! 2:30 Halloween Trivia &amp; Crafts! 3:30 Social Hour 6:00 Let's Color International Podiatry Day</p>	<p>9 9:15 Sit and Be Fit 10:00 Daily Perk 10:35 Fresh Air/Walkabout 1:15 Board Games! 2:30 Fun with Edna! 3:30 Social Hour 6:00 Word Games National Chess Day</p>
<p>10 9:15 Sit and Be Fit 10:00 Daily Perk 10:35 Fresh Air/Walkabout 1:15 Manicure/Hand Massage 2:00 Fun w/Xiomara! 2:30 Psalms &amp; Songs W/Pastor Hines! 3:30 Social Hour 6:00 Puzzle Time! World Mental Health Day</p>	<p>11 9:15 Sit and Be Fit 10:00 Daily Perk 10:35 Fresh Air/Walkabout 1:15 Bingo! 2:30 Fall Wooden Pallet Décor 3:30 Social Hour 6:00 Brain Fitness! Columbus Day!</p>	<p>12 9:15 Sit and Be Fit 10:00 Daily Perk 10:35 Fresh Air/Walkabout 1:30 Mexican Skull Decorating w/ The Des Plaines History Society 2:30 Manicure/Hand Massage 3:30 Social Hour 6:00 Music and Memories Farmers Day</p>	<p>13 9:15 Sit and Be Fit 10:00 Daily Perk 10:35 Fresh Air/Walkabout 1:15 Bingo! 2:30 M&amp;M Treats and Projects! 3:30 Social Hour 6:00 Word/Card Games National M&amp;M's Day</p>	<p>14 9:15 Sit and Be Fit 10:00 Daily Perk 10:35 Fresh Air/Walkabout 12:00 Pizza Lunch &amp; Bingo! 2:30 Manicure/Hand Massage 3:30 Social Hour 6:00 This was the Year National Dessert Day</p>	<p>15 9:15 Sit and Be Fit 10:00 Daily Perk 10:35 Fresh Air/Walkabout 1:15 Bingo! 2:30 Giant Jenga &amp; Charades! 3:30 Social Hour 6:00 Let's Color Global Handwashing Day</p>	<p>16 9:15 Sit and Be Fit 10:00 Daily Perk 10:35 Fresh Air/Walkabout 1:15 Origami Animals! 2:30 Fun with Edna! 3:30 Social Hour 6:00 Word Games National Sports &amp; Boss's Day National Train Your Brain Day</p>
<p>17 9:15 Sit and Be Fit 10:00 Daily Perk 10:35 Fresh Air/Walkabout 1:15 Manicure/Hand Massage 2:00 Psalms &amp; Songs W/Pastor Hines! 2:30 Fun w/Xiomara! 3:30 Social Hour 6:00 Brain Fitness! Black Poetry Day</p>	<p>18 9:15 Sit and Be Fit 10:00 Sitercise 10:35 Fresh Air/Walkabout 1:15 Bingo! 2:30 Fun With Lisie! 3:30 Social Hour 6:00 Music and Memories Alaska Day</p>	<p>19 9:15 Sit and Be Fit 10:00 Daily Perk 10:35 Fresh Air/Walkabout 1:15 Pumpkin Crafts! 2:30 Fun w/Lisie! 3:30 Social Hour 5:30 Halloween Fun Puns! National New Friends Day</p>	<p>20 9:15 Sit and Be Fit 10:00 Daily Perk 10:35 Fresh Air/Walkabout 1:30 Wild Bird Shack Presentation! &amp; Feather Mobile Crafts 2:30 Bingo! 3:30 Social Hour 6:00 Puzzle Time! International Sloth Day</p>	<p>21 9:15 Sit and Be Fit 10:00 Daily Perk 10:35 Fresh Air/Walkabout 1:15 Drum Circle w/Chris Lavidas! 2:30 Let's Make Caramel Apples! 3:30 Social Hour 6:00 Back to the Future Movie W/Friends National Apple Day &amp; Back to the Future Day</p>	<p>22 9:15 Sit and Be Fit 10:00 Daily Perk 10:35 Fresh Air/Walkabout 1:15 Bingo! 2:30 Peanut Party Games! 3:30 Social Hour 6:00 Let's Color National Nut Day</p>	<p>23 9:15 Sit and Be Fit 10:00 Daily Perk 10:35 Fresh Air/Walkabout 1:15 Charades &amp; Puzzles! 2:30 Fun with Xiomara! 3:30 Social Hour 6:00 Word Search/Connect the Dots National Make a Difference Day</p>
<p>24 9:15 Sit and Be Fit 10:00 Daily Perk 10:35 Fresh Air/Walkabout 1:15 Manicure/Hand Massage 2:00 Fun w/Xiomara! 2:30 Psalms &amp; Songs W/Pastor Hines! 3:30 Social Hour 6:00 Puzzle Time! National Mother-in-Law Day</p>	<p>25 9:15 Sit and Be Fit 10:00 Daily Perk 10:35 Fresh Air/Walkabout 1:15 Bingo! 2:30 Different Ways to Art! 3:30 Social Hour 6:00 Card Games! National Art Day</p>	<p>26 10:30 Sit and Be Fit 10:00 Daily Perk 10:35 Fresh Air/Walkabout 1:15 Jack-o-Lanterns Project! 2:30 Fresh Air/Walkabout 3:30 Social Hour 6:00 Brain Fitness! National Pumpkin Day</p>	<p>27 10:30 Sit and Be Fit 10:00 Daily Perk 10:35 Fresh Air/Walkabout 1:15 Bingo! 2:30 Fun w/Lisie! 3:30 Social Hour 6:00 Word Search/Connect the Dots National Potato Day</p>	<p>28 10:30 Sit and Be Fit 10:00 Daily Perk 10:35 Fresh Air/Walkabout 1:30 Pretzel Cocolate Dipping! 2:30 Pipe Cleaner Animals 3:30 Social Hour 6:00 This was the Year National Chocolate Day</p>	<p>29 10:30 Sit and Be Fit 10:00 Daily Perk 10:35 Fresh Air/Walkabout 1:15 Bingo! 2:30 HALLOWEEN/COSTUME PARTY AND Contests! &amp; Balloon Twister from Aaron Entertainment!! &amp; Pinatas &amp; Carnival style Games &amp; Prizes! 6:00 Let's Color and Craft Cats! National Cat Day</p>	<p>30 10:30 Sit and Be Fit 10:00 Daily Perk 10:35 Fresh Air/Walkabout 1:30 Jokes &amp; Candy Corn Treats/Crafts 2:30 Fun with Edna! 3:30 Social Hour 6:00 This was the Year NUT, NUCK NUCK JOKES DAY National Candy Corn Day</p>