



# Alden Courts Activity Calendar *March* 2020



SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
<b>1</b>	<b>2</b>	<b>3</b>	<b>4</b>	<b>5</b>	<b>6</b>	<b>7</b>
9:15 Sit and be Fit 10:00 Sensory Sensations 11:00 Music Appreciation 1:00 <i>Manicure Me</i> 2:00 Bean Bag Toss 3:00 Social Hour 6:00 Trivia Nat'l Peanut Lover's Day	9:15 Sit and be Fit 10:00 Reminiscing 10:35 Walk a thon 11:00 Music Appreciation 1:00 <i>No Bake Baking</i> 2:00 Dominos 3:00 Social Hour 6:00 Puzzle Time	9:15 Sit and be Fit 10:00 Art for Adults 10:35 Walk a thon 11:00 Music Appreciation 1:00 <i>Old Time Radio</i> 2:45 Songs and Psalms(A) 3:00 Social Hour 6:00 Word Search	9:15 Sit and be Fit 10:00 Dominos 10:35 Walk a thon 11:00 Music Appreciation 1:00 <i>Lets Make Music</i> 2:00 Bingo! 3:00 Social Hour 6:00 Color my World	9:15 Sit and be Fit 10:00 Jenga 10:35 Walk a thon 11:00 Music Appreciation 1:00 Simon Says 1:30 Thursday Communion(A) 3:00 Social Hour 6:00 Classic Music	9:15 Sit and be Fit 10:30 Our Lady of Hope Mass ( C ) 10:35 Walk-a-thon 11:00 Music Appreciation 1:00 Dominos 3:00 Social Hour 6:00 Puzzle Time National Oreo Cookie Day	9:15 Sit and be Fit 10:00 Flower arranging 10:30 Walk a thon 11:00 Music Appreciation 1:00 Water Color Painting 2:00 Table Games 3:00 Social Hour 6:00 Big Band Era
<b>8</b>	<b>9</b>	<b>10</b>	<b>11</b>	<b>12</b>	<b>13</b>	<b>14</b>
9:15 Sit and be Fit 10:00 Bean Bag Toss 10:35 Walk a thon 11:00 Music Appreciation 1:00 Hand Massage 2:00 Let's Make Music 3:00 Social Hour 6:00 Puzzle Time	9:15 Sit and be Fit 10:00 Napkin Folding 10:35 Walk a thon 11:00 Music Appreciation 1:00 Nifty Music from the 50s 2:00 Bowling 3:00 Social Hour 6:00 Word Search	9:15 Sit and be Fit 10:00 Table Games 10:35 Walk a thon 11:00 Music Appreciation 1:00 Adult Coloring 2:45 <i>Songs and Psalms (A)</i> 3:00 Social Hour 6:00 Puzzle Time	9:15 Sit and be Fit 10:00 Dominos 10:35 Walk a thon 1:00 Reminiscing 2:00 <b>COOKING DEMO WITH CHEF ANDY</b> 3:00 Social Hour 6:00 Magazine Scavenger Hunt	9:15 Sit and be Fit 10:00 Jenga 10:35 Walk a thon 11:00 Music Appreciation 1:00 Afternoon Touch Ups 1:30 Thursday Communion(A) 2:00 <i>Lets Make Music</i> 3:00 Social Hour 6:00 Puzzle Time	9:15 Sit and be Fit 10:00 trivia Time 10:35 Walk-a-thon 11:00 Music Appreciation 1:00 Mancala Design 2:00 Afternoon touch Up 3:00 Social Hour 6:00 Word Search	9:15 Sit and be Fit 10:00 Bean Bag Toss 10:35 Walk a thon 11:00 Music Appreciation 1:00 Afternoon Touch Ups 2:00 St patricks Crafts 3:00 Social Hour 6:00 Memory Tray Pi(π) Day!
<b>15</b>	<b>16</b>	<b>17</b>	<b>18</b>	<b>19</b>	<b>20</b>	<b>21</b>
9:15 Sit and be Fit 10:00 Sensory Sensations 11:00 Music Appreciation 1:00 <i>Manicure Me</i> 2:00 Bean Bag Toss 3:00 Social Hour 6:00 Trivia March MadnessSELECTION SUNDAY	9:15 Sit and be Fit 10:00 Reminiscing 10:35 Walk a thon 11:00 Music Appreciation 1:00 <i>Drum Circle w/Alex</i> 2:00 Dominos 3:00 Social Hour 6:00 Puzzle Time	9:15 Sit and be Fit 10:00 St Patty's Bingo! 10:35 Walk a thon 11:00 Music Appreciation 1:00 Sing -a -long Irish Music 2:45 Songs and Psalms(A) 3:00 Social Hour 6:00 Word Search	9:15 Sit and be Fit 10:00 Dominos 10:35 Walk a thon 11:00 Music Appreciation 1:00 <i>Menu Planning</i> 2:00 Flower arranging 3:00 Social Hour 6:00 Color my World	9:15 Sit and be Fit 10:00 Spring Centerpiece Design 10:35 Walk a thon 11:00 Music Appreciation 1:00 Simon Says 1:30 Thursday Communion(A) 3:00 Social Hour First Day of <i>Spring!</i>	9:15 Sit and be Fit 10:00 Jenga 10:35 Walk a thon 11:00 Music Appreciation 1:00 Dominos 2:00 Napkin Folding 3:00 Social Hour 6:00 Reminiscing	9:15 Sit and be Fit 10:00 Dominos 10:35 Walk a thon 11:00 Music Appreciation 1:00 Water Color Painting 2:00 Table Games 3:00 Social Hour 6:00 Big Band Era
<b>22</b>	<b>23</b>	<b>24</b>	<b>25</b>	<b>26</b>	<b>27</b>	<b>28</b>
9:15 Sit and be Fit 10:00 Lets make music 10:35 Walk a thon 11:00 Music Appreciation 1:00 Painting 2:00 Bean Bag Toss 3:00 Social Hour 6:00 Puzzle Time	9:15 Sit and be Fit 10:00 Memory Tray 10:35 Walk a thon 11:00 Music Appreciation 2:00 <b>Live Music!(D) Jane Allyson</b> 3:00 Social Hour 6:00 Word Search	9:15 Sit and be Fit 10:00 Bean Bag Toss 10:35 Walk a thon 11:00 Music Appreciation 1:15 <b>Favorite Foods</b> 2:45 <i>Songs and Psalms (A)</i> 3:00 Social Hour 6:00 Puzzle Time	9:15 Sit and be Fit 10:00 Napkin Folding 10:35 Walk a thon 1:00 Reminiscing 1:15 Bingo 2:00 Hangman 3:00 Social Hour 6:00 Magazine Scavenger Hunt	9:15 Sit and be Fit 10:00 Reminiscing 10:35 Walk a thon 11:00 Music Appreciation 1:00 Crafting 1:30 Thursday Communion(A) 2:00 Dominos 3:00 Social Hour 6:00 Puzzle Time	9:15 Sit and be Fit 10:00 Dominos 10:35 Walk a thon 11:00 Music Appreciation 1:00 Food Trivia 2:45 Social Hour 3:00 Social Hour 6:00 Word Search	10:35 Walk-a-thon 10:00 Jenga 10:35 Walk a thon 1:00 Afternoon Touch Ups 2:00 Table Games 3:00 Social Hour 6:00 Reminiscing
<b>29</b>	<b>30</b>	<b>31</b>				
9:15 Sit and be Fit 10:00 Sensory Sensations 10:35 Walk-a-thon 11:00 Music Appreciation 1:00 <i>Manicure Me</i> 2:00 Bean Bag Toss 3:00 Social Hour 6:00 Trivia	9:15 Sit and be Fit 10:00 Reminiscing 10:35 Walk a thon 11:00 Music Appreciation 1:00 <i>No Bake Baking</i> 2:00 Dominos 3:00 Social Hour 6:00 Puzzle Time	9:15 Sit and be Fit 10:00 St Patty's Bingo! 10:35 Walk a thon 11:00 Music Appreciation 1:00 Crafting 2:45 Songs and Psalms(A) 3:00 Social Hour 6:00 Word Search				

A:Garden's Activity room    P:Ice Cream Parlor    D:Gardens dining room    R: Rehab    C: Courts dining room

Activites Subject to Change